

# RespectFEST



**29 DE MARZO 2020, DESDE 1PM - 4PM**  
**WHEATON COMMUNITY RECREATION CENTER**

\* El estacionamiento satelital está disponible en la escuela secundaria Einstein con servicio de transporte gratuito a RespectFest. \*

¡Celebra relaciones saludables!

Aprende sobre la prevención de la violencia en el noviazgo y los recursos en la comunidad

Para estudiantes de secundaria y preparatoria, padres,  
educadores y proveedores de servicios para jóvenes

**¡Este festival comunitario es GRATIS!**

★ Alex de MoCoShow/MoCoSnow será el maestro de ceremonia ★ Ganar horas de SSL ★

★ Actividades ★ Comida gratis ★ Premios de rifas ★ Actuaciones ★

★ Demostraciones de yoga ★ Demostraciones de autodefensa ★

★ Feria de recursos comunitarios ★ Hora de cuentos para niños pequeños ★

★ Anuncio del concurso de videos Elige Respeto ★



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#respectfest2020

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Montgomery County  
Family Justice  
Center Foundation



Sustaining Domestic Violence Survival  
Funding Services | Creating Partnerships



Choose Respect Montgomery es una iniciativa a través  
del Consejo Coordinador de Violencia Doméstica del Condado de Montgomery

<https://tinyurl.com/respectfest2020>

## Teen dating abuse is a pattern of physically, sexually, verbally, and/or emotionally abusive or controlling behavior in a dating relationship.

### Warning signs someone may be experiencing abuse: ♦

- Their partner calls them names or puts them down in front of others.
- Their partner gets extremely jealous when they talk to other people.
- They apologize for their partner's behavior and make excuses for it.
- They frequently cancel plans at the last minute for reasons that sound untrue or they give up things they used to enjoy doing.
- Their partner is always checking up, calling or texting and demanding to know who they're with and where they've been.
- They're constantly worried about upsetting their partner or making them angry.
- Their weight, appearance or grades have changed dramatically.
- They have injuries they can't explain or the explanations they give don't make sense.

### Warning signs from someone who may be an abuser: ♦♦

- They check their partner's cell phones, emails or social networks without permission.
- They are extremely jealous or insecure, and have mood swings.
- They constantly put their partner down.
- They have an explosive temper and constantly make false accusations.
- They isolate partner from family and friends.
- They are physically violent.
- They are possessive.
- They pressure partner to have sex.

### Resources in the Community

#### Montgomery County Family Justice Center: 240-773-0444

600 Jefferson Plaza Suite 500 Rockville, MD 20852

Open Weekdays from 8:30 a.m.-5:00 p.m.

\* Parental accompaniment needed if under age 18.

#### JCADA, Jewish Coalition Against Domestic Abuse: 1-877-88-JCADA

Open Weekdays from 9:00 a.m.- 5:00 p.m.

Rockville, MD

\* Serve any residents of Greater Washington ages 14 and up.

#### Montgomery County Crisis Center: 240-777-4000

1301 Piccard Drive, 1st Floor Rockville, Maryland 20850

Open 24 hours a day 7 days a week.

\* Parental accompaniment needed if under age 16.

#### National Dating Violence Hotline

1-866-331-9474

Text: loveis to 22522

### How Can I help my friend? ♦♦

1. Start the Conversation - "It's not your fault."  
"You don't deserve this."
2. Be Supportive - "I am glad you told me."  
"What do you need?"
3. Keep Your Communication Door Open -  
"I am here for you."
4. Get Support.

